



HEALTHIER MENU ITEMS*

Watching calories and fat? We've got a few suggestions.



CREATING YOUR OWN HEALTHIER BURGER IS AS EASY AS 1, 2, 3!

STEP 1: BURGER

Pick your favorite 4 oz. burger:

- Lean Ground Beef
- Fresh Ground Turkey
- Veggie Black Bean

STEP 2: BUN

Put it on a Honey Wheat bun

STEP 3: MEANINGLESS FREE TOPPINGS*

Go CRAZY with the following toppings:

- | | | |
|----------------------|-------------------------|------------------------|
| Ketchup | Jalapeños 🌶️ | Pickles |
| Mustard | Green Olives | Tomato |
| Mayonnaise | Fresh Onions | Pico de Gallo |
| BBQ Sauce | Romaine Lettuce | Cajun Spice 🌶️ |
| Iceberg Lettuce | Fresh Basil | Sautéed Mushrooms |
| Balsamic Vinaigrette | Sautéed Onions | Sweet Peppers |
| Pineapple Slice | Turkey Black Bean Chili | Giardiniera Peppers 🌶️ |
| | | Marinated Red Onions |



BAGGER DAVE'S® AMAZINGLY DELICIOUS
TURKEY BLACK BEAN CHILI®

A BOWL OF GOODNESS!

Our 12-ounce bowl of chili touts 210 calories and 6 grams of total fat. Plus every delicious bowl contains 5 grams of fiber and 18 grams of protein. Want to spice it up? Add our FREE jalapeños, onions, and oyster crackers for an additional 75 calories and 1.5 grams of total fat. (Do the math ... our 6-ounce cup of chili has half the calories of the 12-ounce.) Please refer to our nutrition chart if you are monitoring your sodium intake.



No matter how you create it, your Healthier Burger contains no more than 500 calories and 25 grams of fat. It also contains up to 26 grams of protein (including the bun, a lean beef burger contains 18 grams of protein, a fresh turkey burger contains 21 grams of protein, and a veggie burger contains 8 grams of protein). Sodium levels vary based on toppings. Please refer to our nutrition chart if you are monitoring your sodium intake.

*Items on Bagger Dave's® Healthier Menu are lower in calories and total fat. Sodium, protein, carbohydrate, and fiber levels vary. Please see our nutrition chart for additional nutrient information for all of our menu items.



NUTRITIONAL VALUE SHEET

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Fiber (g)	Dietary Sugar (g)	Protein (g)
CREATE YOUR OWN – BURGERS												
Ground Beef	Solo	280	200	22	9	1.5	80	430	0	0	0	19
Lean Ground Turkey	Solo	200	120	13	4	0	75	420	0	0	0	18
Veggie Black Bean	Solo	260	150	16	2.5	1.5	0	330	20	4	1	8
Ground Beef	Stack	570	400	45	17	3	160	860	0	0	0	39
Lean Ground Turkey	Stack	400	240	26	8	0	150	840	0	0	0	37
Buns												
Brioche	1 Bun	260	45	5	3	0	30	360	43	1	5	8
Sesame	1 Bun	230	20	2	0	0	0	350	44	2	1	8
Honey Wheat	1 Bun	220	15	1.5	0	0	0	400	42	3	3	9
Pretzel	1 Bun	270	20	2	0	0	0	560	51	2	1	9
Cheeses												
American	1 Slice	60	45	5	3	n/a	15	240	1	0	1	3
Mild Cheddar	1.5 oz.	90	60	7	4.5	n/a	20	130	0	0	0	5
Bleu Cheese	1.5 oz.	80	50	6	4	0	15	290	1	0	0	5
Mozzarella	1 Slice	110	70	8	4.5	n/a	30	220	1	0	0	8
Swiss (0.75 oz.)	1 Slice	80	50	6	4	n/a	20	40	1	0	0	6
Pepper Jack	1 Slice	80	60	6	4	n/a	25	140	0	0	0	5
Smoked Gouda	1.5 oz.	80	50	6	n/a	0	20	130	0	0	0	5
Custom-Made Sauces												
Honey Mustard	.5 oz. approx. 1 Tbsp.	70	50	6	1	0	5	90	5	0	4	0
House Caesar	.5 oz. approx. 1 Tbsp.	90	80	9	1	0	10	130	1	0	0	1
Chipotle BBQ Sauce	.5 oz. approx. 1 Tbsp.	50	20	2.5	0	0	0	150	7	0	3	0
Buttermilk Ranch	.5 oz. approx. 1 Tbsp.	80	80	9	1	0	5	90	0	0	0	0
Santa Fe Chipotle Sauce®	.5 oz. approx. 1 Tbsp.	80	80	9	1.5	0	10	100	1	0	0	0
Railhouse Burger Sauce®	.5 oz. approx. 1 Tbsp.	45	35	4	0.5	0	15	75	2	0	1	0
Garlic Buffalo Sauce	.5 oz. approx. 1 Tbsp.	25	15	2	0	0	0	450	1	0	1	0
Creamy Sriracha	.5 oz. approx. 1 Tbsp.	45	40	4.5	1	0	5	220	1	0	1	0
Premium Toppings												
Guacamole	2 fl. oz.	80	60	7	1	0	0	230	3	2	2	0
Fried Egg	1 Egg	90	60	7	2	0	185	95	0	0	0	6
Fries	1.5 oz.	110	60	7	0	0	0	125	12	1	0	1
Applewood Bacon	2 Slices	80	65	7	2.5	0	10	260	0	0	0	4
Amazingly Delicious Turkey Black Bean Chili®	2 oz.	35	10	1	0	0	0	220	1	1	1	3
Spicy Artichoke Dip	2 oz.	150	120	14	1.5	0	10	640	4	1	0	2

*Items 500 calories or less.



NUTRITIONAL VALUE SHEET

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Sugar (g)	Protein (g)
Meaningless Free Toppings®												
Mayonnaise	1 Tbsp.	100	100	11	1.5	n/a	5	90	0	0	0	0
Yellow Mustard	1 Tbsp.	0	0	0	0	0	0	230	0	0	0	0
Ketchup	1 Tbsp.	15	0	0	0	0	0	190	4	0	4	0
BBQ Sauce	1 Tbsp.	40	0	0	0	0	0	130	10	0	5	0
Iceberg Lettuce	2 Leaves	0	0	0	0	0	0	1	0	0	0	0
Romaine Lettuce	2 Leaves	0	0	0	0	0	0	1	0	0	0	0
Basil	3 Leaves	0	0	0	0	0	0	0	0	0	0	0
Tomato	1 Slice	5	0	0	0	0	0	0	1	0	1	0
Pickle	4 Slices	5	0	0	0	0	0	245	1	0	0	0
Fresh Onions	1.5 fl. oz.	5	0	0	0	0	0	0	1	0	0	0
Jalapeños, Fresh	1.5 fl. oz.	5	0	0	0	0	0	0	1	0	1	0
Green Olives	1.5 fl. oz.	45	40	4.5	0	0	0	580	0	0	0	0
Cajun Spice	1/8 tsp.	0	0	0	0	0	0	70	0	0	0	0
Sauteed Onions	2 fl. oz.	20	5	0	0	0	0	0	4	1	2	0
Sauteed Mushrooms	2 fl. oz.	20	10	1	0	0	0	0	2	0	1	1
Pico de Gallo	2 fl. oz.	10	0	0	0	0	0	120	3	1	1	0
Balsamic Vinaigrette	1 Tbsp.	25	25	2.5	0	0	0	95	2	0	0	0
Pineapple Slices	1 Slice	50	0	0	0	0	0	0	13	2	12	0
Sweet Peppers, fresh	6 slices	5	0	0	0	0	0	0	1	1	1	0
Giardiniera Peppers	2 fl. oz.	120	120	14	1	0	0	760	4	0	2	0
Marinated Red Onion	1.5 fl. oz.	20	0	0	0	0	0	0	3	1	1	0
THE BURGERS												
Santa-Fe Chipotle Turkey Burger	1 Burger (2 patties)	900	460	51	16	0	190	2570	51	6	7	52
on Honey Wheat Bun	1 Burger (1 patty)	700	340	38	12	0	115	1800	51	6	7	34
Train Wreck Burger on Sesame Bun	1 Burger (8 oz.)	1190	670	74	26	3	385	2370	67	5	7	62
1 Burger (4 oz.)		910	470	52	17	1.5	305	1590	67	5	7	43
Great American Cheeseburger on Sesame Bun	1 Burger (8 oz.)	1030	580	65	23	3	185	2940	54	3	7	53
1 Burger (4 oz.)		740	380	43	15	1.5	105	2160	54	3	7	34
Ono Chicken Burger on Brioche Bun	1 Chicken Burger	780	260	29	10	0	165	1730	72	4	24	59
No Joke Artichoke Turkey Burger	1 Burger (2 patties)	660	420	46	10	0	175	2310	10	3	3	45
on Pretzel Bun	1 Burger (1 patty)	450	300	33	6	0	100	1540	10	3	3	26
Tuscan-Multigrain w/Honey Wheat	1 Chicken Burger	570	170	19	4	0	125	1210	49	4	6	55
Bacon BBQ-Brioche (with bbq sauce)	1 Burger (8 oz.)	1070	580	64	27	3	220	2450	60	3	14	57
1 Burger (4 oz.)		780	380	42	19	1.5	140	1670	60	3	13	38
Bacon BBQ-Brioche (with chipotle bbq sauce)	1 Burger (8 oz.)	1080	600	67	28	3	225	2440	57	3	12	57
1 Burger (4 oz.)		790	400	45	19	1.5	145	1660	57	3	12	38
Blues Burger-on Pretzel Bun	1 Burger (8 oz.)	930	480	53	21	3	175	2970	55	3	3	53
1 Burger (4 oz.)		640	270	31	12	1.5	95	1910	55	3	3	33
Fiery Blue Buffalo Turkey Burger	1 Burger (2 patties)	750	330	36	12	0	165	2610	49	3	4	50
on Sesame Bun	1 Burger (1 patty)	540	210	23	8	0	90	1840	49	3	4	32
Nacho Average Burger	1 Veggie Burger	700	350	38	10	1.5	30	1920	69	10	8	21
Chicken Sriracha on Sesame Bun	1 Chicken Burger	620	200	23	6	0	130	1440	50	3	4	55
Turkey Burger with Pumpkin BBQ Sauce	1 Burger (2 patties)	820	340	37	15	0	200	2180	60	3	14	52
on Brioche Bun	1 Burger (1 patty)	620	220	24	11	0	125	1400	60	3	14	33

*Items 500 calories or less.



NUTRITIONAL VALUE SHEET

	Serving Size	Calories	Total Fat (g)	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Fiber (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Olive Bleu Burger on Brioche Bun	1 Burger (2 patties)	980	550	62	24	3	205	3170	48	2	7	51	
	1 Burger (1 patty)	690	350	39	15	1.5	125	2390	48	2	7	32	
SIDES													
Dave's Sweet Potato Chips	2.5 oz.	350	150	17	1.5	0	0	510	45	2	5	2	
Idaho Potato Fries	7 oz.	500	270	30	2	0	0	590	56	6	0	6	
Mix N' Match	9.5 oz.	850	420	48	3.5	0	0	1090	101	8	5	8	
Dipping Sauces													
Honey Cinnamon	2 fl. oz.	250	0	0	0	0	0	380	67	0	66	0	
Honey Mustard	2 oz. approx. 2 fl. oz.	280	200	23	4	0	20	340	19	0	17	0	
Buttermilk Ranch	2 oz. approx. 2 fl. oz.	320	320	36	0	0	30	300	2	0	0	0	
APPETIZERS													
Dave's Sweet Potato Chips®*	2.5 oz.	350	150	17	1.5	0	0	510	45	2	5	2	
Fresh-Cut Potato Fries*	7 oz.	500	270	30	2	0	0	590	56	6	0	6	
Mix N' Match	9.5 oz.	850	420	48	3.5	0	0	1090	101	8	5	8	
Tortilla Chips	6 oz.	830	360	40	5	0	0	720	112	9	2	13	
BBQ Chicken Flatbread	1 Flatbread	750	270	30	4	0	110	1770	78	3	13	44	
Chicken Sriracha Flatbread	1 Flatbread	780	300	33	5	0	115	2050	76	4	15	45	
Spicy Artichoke Dip	1 order	950	600	67	7	0	45	2500	70	9	3	17	
Fries													
Cheese Fries - American (3 oz.)	1 order	890	510	58	15	0	55	1530	75	7	0	24	
Cheese Fries - Pepper Jack (3 oz.)	1 order	950	560	63	19	0	90	1270	68	7	0	25	
Cheese Fries - Swiss (2.25 oz.)	1 order	860	480	55	14	0	60	830	72	7	1	24	
Cheese Fries - Gouda (4.5 fl. oz.)	1 order	840	490	55	2	0	55	1090	68	7	0	23	
Cheese Fries - Mozzarella (4.5 fl. oz.)	1 order	800	450	51	10	0	50	1110	70	7	1	21	
Cheese Fries - Sharp Cheddar (4.5 fl. oz.)	1 order	870	510	58	16	0	65	1110	69	7	1	23	
Cheese Fries - Bleu Cheese (4.5 fl. oz.)	1 order	840	490	55	13	0	45	1570	70	7	0	20	
Sloppy Fries - American (1 oz.), 1 slice	1 order	920	550	62	10	0	75	1640	76	7	9	20	
Sloppy Fries - Pepper Jack (1 oz.), 1 slice	1 order	940	560	64	11	0	85	1550	74	7	9	21	
Sloppy Fries - Swiss (.75 oz.), 1 slice	1 order	910	540	61	10	0	75	1410	75	7	9	20	
Sloppy Fries - Gouda (1.5 fl. oz.)	1 order	900	540	61	6	0	75	1490	74	7	9	20	
Sloppy Fries - Mozzarella (1.25 oz. or 1.5 fl. oz.), 1 slice	1 order	890	530	60	9	0	70	1500	74	7	9	19	
Sloppy Fries - Sharp Cheddar (1.5 fl. oz.)	1 order	910	550	62	10	0	80	1500	74	7	9	20	
Sloppy Fries - Bleu Cheese (1.5 fl. oz.)	1 order	900	540	61	10	0	70	1650	75	7	9	19	
Blue Buffalo Fry	1 Serving	880	530	59	13	0	45	2200	69	7	3	22	
Blue Buffalo Fry with Dave's Sloppy BBQ Mix	1 Serving	980	560	63	14	0	80	2700	77	7	10	30	
Nachos													
Santa Fe Sloppy Nachos	1 Entrée	1200	670	75	21	0	120	2040	109	9	14	31	
Chips and Pico de Gallo	1 Entrée	1020	500	55	11	0	25	1270	123	12	7	15	
SALADS													
Chopped Wedge Salad with dressing	Entrée	740	440	48	15	0	215	1820	22	4	14	59	
House Salad with dressing	Entrée	860	370	41	7	0	120	1160	74	11	40	55	
House Salad with dressing	Side	310	140	15	3	0	5	290	37	5	20	7	
Chicken Caesar Salad with dressing	Entrée	770	430	48	8	0	155	1510	31	5	2	56	
Caesar Salad with dressing	Side	230	180	20	3.5	0	25	400	7	2	1	6	
Cobb with chicken and dressing	Entrée	980	690	77	13	0	270	2060	17	7	6	61	
Cobb Salad Option - Fried Egg	1 Egg	90	60	7	2	0	185	95	0	0	0	6	

*Items 500 calories or less. Dressing not included. See sauces for nutrient information on dressings.



NUTRITIONAL VALUE SHEET

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Tijuana Salad with dressing	Entrée	750	450	50	17	0	80	1890	53	10	17	26	
Add-on													
Grilled Chicken	5 oz. cooked	240	90	10	1	0	105	580	0	0	0	41	
*Dressing not included (see sauces).													
CHILI													
Amazingly Delicious Turkey Black Bean Chili®*	6 oz. Cup (no toppings)	110	25	3	1	0	0	660	10	2	4	9	
Amazingly Delicious Turkey Black Bean Chili®*	6 oz. Cup (w/toppings)	260	140	15	8	0	35	1230	15	4	6	15	
Amazingly Delicious Turkey Black Bean Chili®*	12 oz. Bowl (no toppings)	210	50	6	2	0	0	1310	19	5	7	18	
Amazingly Delicious Turkey Black Bean Chili®*	12 oz. Bowl (w/toppings)	360	160	18	9	0	35	1890	24	6	10	24	
Chili Mac	Bowl (w/toppings)	570	220	25	10	0	65	1470	57	6	7	32	
Chili Toppings													
Mild Cheddar	1.5 oz.	90	60	7	4.5	n/a	20	130	0	0	0	5	
Sour Cream	1 fl. oz.	45	45	4.5	3	0	10	20	1	0	1	0	
Fresh Onions	1.5 oz.	10	0	0	0	0	0	0	3	1	1	0	
Jalapeños, Fresh	1.5 oz.	5	0	0	0	0	0	0	1	0	1	0	
Crackers													
Oyster Crackers	0.5 oz. (1 Pack)	60	15	1.5	0	0.5	0	150	10	0	0	1	
SANDWICHES													
California BLT	1 Sandwich	770	490	54	13	1.5	35	1670	50	5	5	20	
Egg Sandwich	1 Sandwich	790	490	55	15	1.5	405	1130	43	2	2	30	
Grilled Tuna Melt	1 Sandwich	710	360	40	9	1.5	75	1070	48	3	4	36	
Hot Mess Meltdown	1 Sandwich	620	320	36	15	1.5	65	780	49	3	5	26	
Sloppy Dave's BBQ	1 Sandwich	490	160	18	3.5	0	85	1570	59	2	17	24	
Italian Beef Sandwiches (does not include Au Jus)													
Italian Beef (5 oz.) w/Sweet Peppers on rustic sub	1 Sandwich	490	100	11	3.5	0	85	1130	43	2	1	40	
Italian Beef (5 oz.) w/Hot Peppers on rustic sub	1 Sandwich	600	220	25	4.5	0	85	1900	46	1	2	40	
Sandwiches (all include rustic unsliced sub)													
Tuna Melt	1 Sandwich	560	230	26	7	0	75	990	48	2	2	33	
Dave's Sloppy BBQ	1 Sandwich	470	150	17	4	0	85	1490	59	1	15	21	
Dave's Sloppy BBQ without sauce	1 Sandwich	400	80	8	2.5	0	75	1390	58	1	15	21	
SAUCES & DRESSINGS													
Honey Mustard	.5 oz. approx. 1 Tbsp.	70	50	6	1	0	5	90	5	0	4	0	
House Caesar	.5 oz. approx. 1 Tbsp.	80	70	8	1	0	5	135	0	0	0	0	
Chipotle BBQ Sauce	.5 oz. approx. 1 Tbsp.	50	20	2.5	0	0	0	150	7	0	3	0	
Buttermilk Ranch	.5 oz. approx. 1 Tbsp.	80	80	9	1	0	5	90	0	0	0	0	
Santa Fe Chipotle Sauce®	.5 oz. approx. 1 Tbsp.	70	70	7	1	0	5	180	0	0	0	0	
Railhouse Burger Sauce®	.5 oz. approx. 1 Tbsp.	60	50	6	1	0	0	125	2	0	2	0	
Garlic Buffalo Sauce	.5 oz. approx. 1 Tbsp.	25	15	2	0	0	0	450	1	0	1	0	
Garlic Buffalo Sauce	1 fl. oz.	50	35	4	0	0	0	900	2	0	2	0	
Creamy Sriracha	.5 oz. 1 Tbsp.	45	40	4.5	1	0	5	220	1	0	1	0	
Pumpkin BBQ	.5 oz. 1 Tbsp.	35	0	0	0	0	0	110	9	0	5	0	
KIDS' MENU													
Burger	1 Burger	590	340	38	11	1.5	70	580	39	1	2	24	
Turkey Burger	1 Burger	540	270	31	7	1.5	75	590	39	1	2	24	
Veggie Black Bean Burger	1 Burger	470	180	20	3	1.5	0	500	59	5	3	14	

*Items 500 calories or less.



NUTRITIONAL VALUE SHEET

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Grilled Cheese	1 Sandwich	520	280	31	12	1.5	35	720	44	1	2	17	
Kids' Turkey Black Bean Chili	1 Cup (6 oz.)	110	25	3	1	0	0	660	10	2	4	9	
Kids' Butterd Noodles	1 Cup	280	80	10	5	0	20	70	45	3	3	7	
Kids' Macaroni & Cheese	1 Cup	450	260	29	17	0	100	1100	33	2	8	20	
Kids' Flatbread with Cheese (Cheese Pizza)	1 pizza	550	190	21	8	0	50	1410	67	3	6	21	
Kids' Flatbread with Cheese and Pepperoni (Pepperoni Pizza)	1 pizza	690	310	34	14	0	85	1880	67	3	6	26	
Kids' Sandwiches (all include Brioche Bun)													
Kids' Burger w/seasoning	1 Burger	540	250	27	12	1.5	110	790	43	1	5	27	
Kids' Turkey Burger	1 Burger	460	160	18	7	0	105	780	43	1	5	26	
Kids' Veggie Burger	1 Burger	520	190	21	6	1.5	30	690	63	5	6	16	
Kids' Grilled Cheese	1 Sandwich	570	300	33	14	1.5	65	910	48	1	5	19	
Kids' Sides													
Fresh-Cut Potato Fries	3 oz.	220	110	13	1	0	0	250	24	2	0	2	
Dave's Sweet Potato Chips®	2 oz.	280	120	14	1	0	0	410	36	2	4	2	
Applesauce	4 oz. Cup	50	0	0	0	0	0	10	12	2	8	0	
MAC & CHEESE													
Mac & Cheese	Side	510	280	31	19	0	105	920	38	2	6	25	
Mac & Cheese	Entrée	950	510	57	35	0	190	1790	76	4	12	44	
Smokin' Hot Mac & Cheese	Side	640	390	43	22	0	120	1540	41	3	8	27	
Smokin' Hot Mac & Cheese	Entrée	1190	720	80	40	0	220	2690	80	5	15	49	
Chili Mac	Bowl w/toppings	570	220	25	10	0	65	1470	57	6	7	32	
DESSERTS													
Brownie Deluxe	1 Brownie	650	340	33	9	0	105	350	75	3	6	7	
Sinfully Sweet Brownie Sundae	1 Sundae	1330	680	76	27	0	170	690	155	5	70	19	
Ice Cream Shakes													
Regular Vanilla Shake with Ice Cream	1 Drink	600	280	31	20	0	115	280	72	0	60	14	
Add Whipped Topping	1.5 oz.	110	90	9	6	0	30	55	5	0	3	1	
Add Chocolate Syrup	2 fl. oz.	200	0	0	0	0	0	50	48	5	40	2	
Add Strawberry Topping	2 fl. oz.	210	0	0	0	0	0	20	56	1	23	0	
Add Oreos®	2 fl. oz.	130	45	5	1.5	0	0	130	19	1	11	1	
Add Honey Cinnamon	2 fl. oz.	250	0	0	0	0	0	260	67	0	66	0	
Add Reeses® Peanut Butter Cup	2 fl. oz.	180	100	11	4	0	0	125	20	1	17	4	
Add Caramel Topping	2 fl. oz.	210	0	0	0	0	0	290	54	1	50	1	
Add Pumpkin Spice	2.5 oz.	80	0	0	0	0	0	0	18	2	16	1	
Add Caramel & Sea Salt	2.61 oz.	180	0	0	0	0	0	1430	47	1	0	1	
Add Malt Flavor	2 Tbsp.	60	10	1.5	0.5	0	5	65	10	0	7	1	
Kids' Hand-Dipped Shakes													
Kids' Vanilla Milkshake with Ice Cream*	1 Drink	390	180	20	13	0	75	180	47	0	39	9	
Add Whipped Topping	1.5 oz.	110	90	9	6	0	30	55	5	0	3	1	
Add Chocolate Syrup	1 fl. oz.	100	0	0	0	0	0	25	24	3	20	1	
Add Strawberry Topping	1 fl. oz.	110	0	0	0	0	0	10	28	0	11	0	
Add Oreos®	1 fl. oz.	60	50	6	1	0	0	150	20	1	10	1	
Add Honey Cinnamon	1 fl. oz.	120	0	0	0	0	0	130	33	0	33	0	
Add Reeses® Peanut Butter Cup	1 fl. oz.	90	50	5	2	0	0	65	10	1	8	2	
Add Caramel Topping	1 fl. oz.	100	0	0	0	0	0	140	27	0	25	1	

*Items 500 calories or less.



NUTRITIONAL VALUE SHEET

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Fiber (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Add Pumpkin Spice	2.5 oz.	80	0	0	0	0	0	0	0	18	2	16	1
Add Caramel & Sea Salt	1.3 oz.	90	0	0	0	0	0	0	710	23	0	0	1
Add Malt Flavoring	1 Tbsp.	30	5	0.5	0	0	0	0	35	5	0	3	1
Root Beer Float	1 Drink	330	80	9	6	0	35	120	64	0	0	60	3
Brown Cow	1 Drink	310	80	9	6	0	35	75	58	0	0	54	3
Boston Cooler	1 Drink	290	80	9	6	0	35	90	51	0	0	47	3
Orange Whip	1 Drink	330	80	9	6	0	35	105	63	0	0	17	3
Black Cherry Cream	1 Drink	350	80	9	6	0	35	120	69	0	0	69	3
SWEETENERS													
Equal	1 Packet (1 gram)	0	0	0	0	0	0	0	0	<1	0	1	0
Sweet'N Low	1 Packet (1 gram)	0	0	0	0	0	0	0	0	<1	0	<1	0
Sugar	1 Packet (3 grams)	10	0	0	0	0	0	0	0	3	0	3	0

*Items 500 calories or less.